

JUNIOR SUMMER PROGRAMME

COURSE + ACTIVITIES SCHEDULE

- **7:00 AM Waking Time** – Students are encouraged to get up and prepare for the day ahead. One of our Team Leaders stays at the residence in the morning to make sure everyone is awake and ready.
- **8:00 AM Breakfast** – All students enjoy breakfast together at the residence, setting a positive start to the day.
- **9:00 AM English Classes** – Students head to lessons at either our main school building (BEA) or at **Manchester Metropolitan University**. A dedicated Team Leader accompanies each group to their location.
- **1:00 PM Meeting with Leader & Lunch** – After lessons, students meet with their Team Leader to catch up, and enjoy lunch together.
- **2:30 PM Afternoon Activities** – Engaging and fun activities such as sports, cultural trips, and creative workshops, all fully supervised by our Team Leaders.
- **5:00 PM Back to the Residence & Free Time** – Students return to the residence for some downtime. The Team Leader on site organises optional activities or ensures students have the chance to relax.
- **7:00 PM Dinner Time** – Evening meal all together along with our Team Leaders, a great time to share stories from the day.
- **8:30 PM Board Games / Evening Activity** – A fun way to end the day, giving students the chance to socialise, play games, and bond with friends.
- **10:00 PM Bed Time** – Students wind down, get ready for bed, and have a good night's sleep to recharge for the next exciting day.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6.30 AM						Waking Time	
7.00 AM	Waking Time	Waking Time	Waking Time	Waking Time	Waking Time	Breakfast	
7.30 AM						Meet with Leaders	
8.00 AM	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast		
8.30 AM						Saturday Full-Day Trip	
9.00 AM	English Classes	English Classes	English Classes	English Classes	English Classes		Waking Time
9.30 AM							Breakfast
10.00 AM							Walking Around the City & Shopping
10.30 AM							
11.00 AM							
11.30 AM							English Breakfast
12.00 PM							
12.30 PM							
1.00 PM	Meeting with Leader & Lunch	Meeting with Leader & Lunch	Meeting with Leader & Lunch	Meeting with Leader & Lunch	Meeting with Leader & Lunch		Back to the Residence
1.30 PM							
2.00 PM	Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities		Supervised Free Time
2.30 PM							
3.00 PM							
3.30 PM							
4.00 PM							
4.30 PM							
5.00 PM	Back to the Residence & Free Time	Back to the Residence & Free Time	Back to the Residence & Free Time	Back to the Residence & Free Time	Back to the Residence & Free Time	Back from the Trip & Meet the Leaders	
5.30 PM							
6.00 PM							
6.30 PM	Dinner Time	Dinner Time	Dinner Time	Dinner Time	Dinner Time	Dinner Time	
7.00 PM							
7.30 PM	Board Games	Board Games	Board Games	Board Games	Board Games	Dinner Time	
8.00 PM							
8.30 PM						Games Room	Games Room
9.00 PM							
9.30 PM							
10.00 PM	Bed Time	Bed Time	Bed Time	Bed Time	Bed Time		
10.30 PM						Bed Time	Bed Time

